

# WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / FEBRUARY 26, 2019

CUSTOMER SERVICE/ORDER DESK 213.629.3600



## ENGLISH PEAS

**FARM:** TUTTI FRUTTI

**LOCATION:** LOMPOC, CA

**ORDERING SKU:** 5570

TUTTI FRUTTI FARM IS RIGHT OFF THE SANTA YNEZ RIVER IN LOMPOC, CALIFORNIA. SUGAR SNAP PEAS ARE A PRODUCT OF SELECTIVE BREEDING OF THE CHINESE SNOW PEA. THIS RESULTED IN A SNAPPY SWEET PEA THAT HAS THICKER WALLS AND PLUMP PODS. GREAT EATEN RAW OR COOKED, THESE PEAS ARE VERY NUTRITIOUS.

**LEAFY/VEGETABLE ITEMS!** \*Denotes Pre-order Mon for Wed Market

Spring Garlic (BU) SKU 5595 – Coleman Family Farm  
Baby Mix Lettuce (CS) SKU 20326 – County Line Harvest  
Sugar Snap Peas (#) SKU 5570 – Tutti Frutti  
Breakfast Radish (BU) SKU 18009 – County Line Harvest  
Breakfast Radish (CS) SKU 40437 – County Line Harvest  
Spigarello (CS) SKU 5408 – County Line Harvest  
Mixed Baby Beets (CS) SKU 5969 – County Line Harvest  
Bloomsdale Spinach (CS) SKU 4574 – County Line Harvest  
English Peas (#) SKU 5598 – Tutti Frutti  
\*Celeriac (EA) SKU 40324 – Fresno Evergreen

**FRUIT ITEMS!** \*Denotes Pre-order Mon for Wed Market

Oranges, Navel (25#) SKU 40428 – JJ Lone Daughter  
Satsuma Tangerine (10#) SKU 23828 – Regier Farms  
Cara Cara Oranges (10#) SKU 38298 – JJ Lone Daughter  
Apples, Fuji (10#) SKU 20149 – Fairhill Farms  
Apples, Pink Lady (10#) SKU 20147 – Fairhill Farms  
\*Blood Oranges (#) SKU 40427 – JJ Lone Daughter  
\*Gaviota Strawberries (FLAT) SKU 22092 – Harry's Berrie  
Oro Blanco (CS) SKU 6683 – JJ Lone Daughter  
\*Mix Berries (CS) SKU 6675 – Pudwill Farm

### OF NOTE:

WE WILL BE GOING ON A TOUR OF MURRAY'S FAMILY FARM ON FEB 28<sup>TH</sup> AT 9AM. ASK YOUR SALES REP FOR DETAILS. CHERRY TREES ARE IN FULL BLOOM NOW, WHICH MEANS THE BEGINNING OF STONE FRUIT SEASON IS COMING SOON.

# MORE FOOD FOR THOUGHT



THAO FARMS

PUNTARELLE



FRESNO EVERGREEN

CELERIAC



COLEMAN FAMILY FARMS

BREAKFAST RADISH



FAIRHILL FARMS

FUJI APPLES



MCGRATH FAMILY FARMS

ARUGULA FLOWERS



YASUTOMI FARMS

BABY CELERY



TUTTI FRUTTI

ENGLISH PEASS



TUTTI FRUTTI

NANTES CARROTS



COUNTY LINE HARVEST

SPIGARELLO