

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / FEBRUARY 19, 2019

CUSTOMER SERVICE/ORDER DESK 213.629.3600



ENGLISH PEAS

FARM: TUTTI FRUTTI

LOCATION: LOMPOC, CA

ORDERING SKU: 5598

ENGLISH PEAS HAVE A LARGE BRIGHT GREEN POD WHICH ENCASES PLUMP, ROUND PEAS. THE PEAS HAVE A TENDER YET SLIGHTLY CRUNCHY TEXTURE AND SWEET PEA FLAVOR. PEAS CAN BE BLANCHED AND ADDED TO GREEN OR GRAIN SALADS, OR PUREED INTO A SPREAD OR DIP. THE SHELLS ARE TOO FIBROUS TO BE EATEN, BUT CAN BE USED TO ADD FLAVOR TO VEGETABLE STOCKS.

LEAFY/VEGETABLE ITEMS! *Denotes Pre-order Mon for Wed Market

Spring Garlic (BU) SKU 5595 – Coleman Family Farm
Baby Mix Lettuce (CS) SKU 20326 – County Line Harvest
Sugar Snap Peas (#) SKU 5570 – Tutti Frutti
Breakfast Radish (BU) SKU 18009 – County Line Harvest
Breakfast Radish (CS) SKU 40437 – County Line Harvest
Spigarello (CS) SKU 5408 – County Line Harvest
Mixed Baby Beets (CS) SKU 5969 – County Line Harvest
Bloomsdale Spinach (CS) SKU 4574 – County Line Harvest
English Peas (#) SKU 5598 – Tutti Frutti

FRUIT ITEMS! *Denotes Pre-order Mon for Wed Market

Oranges, Navel (25#) SKU 40428 – JJ Lone Daughter
Satsuma Tangerine (10#) SKU 23828 – Regier Farms
Cara Cara Oranges (10#) SKU 38298 – JJ Lone Daughter
Apples, Fuji (10#) SKU 20149 – Fairhill Farms
Apples, Pink Lady (10#) SKU 20147 – Fairhill Farms
*Ruby Red Grapefruit (20#) SKU 20151 – Murray's Family
*Blood Oranges (#) SKU 40427 – JJ Lone Daughter
*Gaviota Strawberries (FLAT) SKU 22092 – Harry's Berrie
Oro Blanco (CS) SKU 6683 – JJ Lone Daughter

OF NOTE:

WONG FARM BEEFSTEAK TOMATOES ARE
NOW IN STOCK.

WE WILL BE GOING ON A TOUR OF
MURRAY'S FAMILY FARM ON FEB 28TH AT
9AM. ASK YOUR SALES REP FOR DETAILS.

MORE FOOD FOR THOUGHT



FAIRHILLS FARMS

FUJI APPLES



KENTER CANYON

RADICCHIO



REGIER FARMS

TANGO MANDARINS



PUDWILL FARMS

BERRIES



TAMAI FARMS

DANDELION GREENS



TREVINO FARMS

RHUBARB



TUTTI FRUTTI

SNAP PEAS



WONG FARM

BEEFSTEAK TOMATOES



WEISER FAMILY FARMS

PURPLE FINGERLINGS