

# WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / JANUARY 29, 2019

CUSTOMER SERVICE/ORDER DESK 213.629.3600



## SUGAR SNAP PEAS

**FARM:** TUTTI FRUTTI

**LOCATION:** LOMPOC, CA

**ORDERING SKU:** 5570

TUTTI FRUTTI FARM IS RIGHT OFF THE SANTA YNEZ RIVER IN LOMPOC, CALIFORNIA. SUGAR SNAP PEAS ARE A PRODUCT OF SELECTIVE BREEDING OF THE CHINESE SNOW PEA. THIS RESULTED IN A SNAPPY SWEET PEA THAT HAS THICKER WALLS AND PLUMP PODS. GREAT EATEN RAW OR COOKED, THESE PEAS ARE VERY NUTRITIOUS.

**LEAFY/VEGETABLE ITEMS!** \*Denotes Pre-order Mon for Wed Market

Spring Garlic (BU) SKU 5595 – Coleman Family Farm  
\*Stinging Nettles (#) SKU 22013 – JF Organics  
Baby Mix Lettuce (CS) SKU 20326 – County Line Harvest  
Delicata Squash (5#) SKU 40052 – Black Sheep Produce  
Sugar Snap Peas (#) SKU 5570 – Tutti Frutti  
Breakfast Radish (BU) SKU 18009 – County Line Harvest  
Breakfast Radish (CS) SKU 40437 – County Line Harvest  
Spigarello (CS) SKU 5408 – County Line Harvest  
Mixed Baby Beets (CS) SKU 5969 – County Line Harvest  
Bloomsdale Spinach (CS) SKU 4574 – County Line Harvest

**FRUIT ITEMS!** \*Denotes Pre-order Mon for Wed Market

Oranges, Valencia (25#) SKU 40147 – JJ Lone Daughter  
Satsuma Tangerine (10#) SKU 23828 – Regier Farms  
Cara Cara Oranges (10#) SKU 38298 – JJ Lone Daughter  
Apples, Fuji (10#) SKU 20149 – Fairhill Farms  
Apples, Pink Lady (10#) SKU 20147 – Fairhill Farms  
\*Ruby Red Grapefruit (20#) SKU 20151 – Murray's Family  
\*Blood Oranges (#) SKU 40427 – Murray's Family Farm

### OF NOTE:

COLEMAN FAMILY FARMS IS STILL GAPPING  
ON EASTER RADISH.

WEISER IS GAPPING ON BABY RAINBOW  
CARROTS.

VALENCIA ORANGE SEASON CAME TO A  
CLOSE TODAY.

# MORE FOOD FOR THOUGHT



COLEMAN FAMILY FARMS

BREAKFAST RADISH



JJ LONE DAUGHTER

CARA CARA ORANGES



MURRAY'S FAMILY FARM

POMELO



COUNTY LINE HARVEST

BABY MIX LETTUCE



COLEMAN FAMILY FARMS

SPRING GARLIC



REGIER FARMS

TANGO MANDERINES



HER PRODUCE

SUGAR CANE



MCGRATH FAMILY FARMS

CHIONGA BEETS



TREVINO FARMS

RHUBARB