

# WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / DECEMBER 4, 2019

CUSTOMER SERVICE/ORDER DESK 213.629.3600



## ARKANSAS BLACK APPLES

**FARM:** FLORA BELLA

**LOCATION:** THREE RIVERS, CA

**ORDERING SKU:** 23614

FLORA BELLA FARM IS A SMALL FAMILY-OWNED AND OPERATED CERTIFIED ORGANIC FARM NEAR THREE RIVERS, CA. THEIR ARKANSAS BLACK APPLES HAVE A DARK RED TO ALMOST PURPLE AND SOMEWHAT WAXY SKIN HIDING A GOLDEN HUED AND FIRM YET JUICY FLESH. THESE APPLES HAVE A DISTINCT HONEY FLAVOR TO THEM.

**LEAFY/VEGETABLE ITEMS!** \*Denotes Pre-order Mon for Wed Market

\*Celeriac (Celery Root) (12BU) SKU 5586 – Garden Of  
Red Kuri Squash (EACH) SKU 30982 – Black Sheep Prod.  
Delicata Squash (5#) SKU 40052 – Black Sheep Produce  
\*Brussel Sprouts (#) SKU 6530 – Two Peas in a Pod  
Butternut Squash (EA) SKU 30916 – Tutti Frutti  
Spigarello (CS) SKU 5408 – County Line Harvest  
\*Arugula (BU) SKU 22727 – Tamai Farms  
Mixed Baby Beets (CS) SKU 5969 – County Line Harvest  
Bloomsdale Spinach (CS) SKU 4574 – County Line Harvest  
Heirloom Tomatoes (CS) SKU 7162 – Tutti Frutti Farm  
Mixed Chicory Lettuce (CS) SKU 7216 – County Line

**FRUIT ITEMS!** \*Denotes Pre-order Mon for Wed Market

Berry, Strawberry Org. (FLAT) SKU 5743 – Rancho La  
Finger Limes (FLAT) SKU 5917 – JJ Lone Daughter  
Oranges, Valencia (25#) SKU 40147 – JJ Lone Daughter  
\*Hachiya Persimmon (10#) SKU 7214 – JJ Lone Daughter  
Satsuma Tangerine (10#) SKU 23828 – Regier Farms  
Warren Pears (FLAT) SKU 6593 – Frog Hollow Farms  
Apples, Fuji (10#) SKU 20149 – Fairhill Farms  
Apples, Pink Lady (10#) SKU 20147 – Fairhill Farms  
Apples, Arkansas Black (10#) SKU 23614 – Windrose Farm

### OF NOTE:

WEST CENTRAL IS ORGANIZING A FARM TOUR OF COUNTY LINE HARVEST ON DEC 12<sup>TH</sup>. EVERYONE IS WELCOME. IF INTERESTED PLEASE ASK YOUR SALES REP FOR DETAILS.

# MORE FOOD FOR THOUGHT



YASUTOMI FARMS

BABY CELERY



FLORA BELLA

WASABINA



FAIRHILL FARMS

FUJI APPLES



TWO PEAS IN A POD

BRUSSEL SPROUTS



GARDEN OF

CELERIAC (CELERY ROOT)



WEISER FARMS

SUNCHOKES



COUNTY LINE HARVEST

MIXED BABY BEETS



TUTTI FRUTTI

BUTTERNUT SQUASH



BLACK SHEEP PRODUCE

HONEYNUT SQUASH