

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / AUGUST 7, 2019

CUSTOMER SERVICE/ORDER DESK 213.629.3600



VALENCIA PRIDE MANGOS

FARM: WONG FARM

LOCATION: NORTH SHORE, CA

ORDERING SKU: 5849

WONG FARM IS A 3 ACRE FARM IN THE COACHELLA VALLEY FOUNDED IN THE MID 1980s. DEBBIE, THE OWNER, HAS RETURNED TO THE MARKETS WITH THEIR VALENCIA PRIDE MANGOS. SMOOTH, SWEET AND FREE OF STRING THESE ARE THE BEST MANGOS AVAILABLE HERE IN SOUTHERN CALIFORNIA. THESE SPECIAL MANGOS ARE AVAILABLE BY PREORDER FOR THE NEXT 3 WEEKS.

HOT LEAFY/VEGETABLE ITEMS! *Denotes Pre-order Mon for Wed Market

- *Calabrian Chili (#) SKU 25755 – Weiser Family Farm
- *Rattlesnake Beans (#) SKU 19599 – Two Peas in a Pod
- *Cranberry Beans (#) SKU 6406 – Two Peas in a Pod
- *Watermelon Cucumbers (#) SKU 19145 – Coleman Farms
- *Jalapeño Peppers (#) SKU 6417 – Beylik Farms
- Lemon Cucumbers (#) SKU 5429 – Munak Ranch
- *Japanese Cucumbers (#) SKU 38742 – Yasutomi Farms
- *Sorrel, Red Veined (BU) SKU 5961 – Yasutomi Farms
- *Sword Leaf Lettuce (BU) SKU 39304 – Coleman Farms
- Mixed Summer Squash (CS) SKU 27543 – JF Organics
- *Serrano Peppers (#) SKU 5927 – Beylik Farms
- Sungold Tomatoes (CS) SKU 5139 – Munak Ranch
- Heirloom Tomatoes (CS) SKU 7162 – Munak Ranch

HOT FRUIT ITEMS! *Denotes Pre-order Mon for Wed Market

- *Avocados, Hass (FLAT) SKU 39106 – JJ Lone Daughter
- Apricots (FLAT) SKU 6945 – Fair Hill Farms
- Cotton Candy Grapes (5#) SKU 36184 – Murray's Family
- Berry, Strawberry Org. (FLAT) SKU 5743 – Rancho La Fam
- Finger Limes (FLAT) SKU 5917 – JJ Lone Daughter
- IFG34 Grapes (5#) SKU 39862 – Murray's Family Farm
- *Mangos (5#) SKU 5849 – Wong Farm
- Peacotums (FLAT) SKU 18985 – Murrays' Farms
- Oranges, Valencia (40#) SKU 5710 – JJ Lone Daughter
- Flavor King Pluots (10#) SKU 39571 – Jay Scott Farms
- Honey Punch Plums (FLAT) SKU 27673 – Jay Scott Farms
- White Nectarines (10#) SKU 6963 – Jay Scott Farms
- Yellow Peaches (10#) SKU 6962 – Regier Farm

OF NOTE:

WEISER FARMS – MYRNA POTATOES ARE DONE UNTIL NEXT YEAR
YASUTOMI FARMS – BABY CELERY GAPPING FOR 2-3 WEEKS
JAY SCOTT FARM – LAST WEEK FOR THE HONEY PUNCH PLUMS

MORE FOOD FOR THOUGHT



MURRAY'S FAMILY FARMS

ELDERBERRIES &
ELDERBERRY FLOWERS



FAIR HILL FARM

PLUERRY



COLEMAN FAMILY FARMS

MOUSE MELONS AKA
WATERMELON CUCUMBER



MURRAY'S FAMILY FARMS

IFG 34 GRAPES



THAO FARMS

SUMMER SQUASH



MURRAY'S FAMILY FARMS

FIGS



MURRAY'S FAMILY FARM

PEACOTUMS



MCGRATH FAMILY FARMS

HARICOT VIOLETTE



JAY SCOTT

FLAVOR KING PLUOT