

WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / JULY 31, 2019

CUSTOMER SERVICE/ORDER DESK 213.629.3600



HEIRLOOM TOMATOES

FARM: MUNAK RANCH

LOCATION: PASO ROBLES, CA

ORDERING SKU: 7162

First generation organic farmers, Edwin and Pearl have been growing a wide selection of melons and tomatoes in Paso Robles for over 29 years. The unique climate of the Upper Salinas Valley makes their tomatoes and melons sweeter than anywhere else. There's plenty of sun and cool nights for the plants to produce delicious fruit.

HOT LEAFY/VEGETABLE ITEMS! *Denotes Pre-order Mon for Wed Market

- *Calabrian Chili (#) SKU 25755 – Weiser Family Farm
- *Rattlesnake Beans (#) SKU 19599 – Two Peas in a Pod
- *Cranberry Beans (#) SKU 6406 – Two Peas in a Pod
- *Watermelon Cucumbers (#) SKU 19145 – Coleman Farms
- *Jalapeño Peppers (#) SKU 6417 – Beylik Farms
- Lemon Cucumbers (#) SKU 5429 – Munak Ranch
- *Japanese Cucumbers (#) SKU 38742 – Yasutomi Farms
- *Sorrel, Red Veined (BU) SKU 5961 – Yasutomi Farms
- *Sword Leaf Lettuce (BU) SKU 39304 – Coleman Farms
- Mixed Summer Squash (CS) SKU 27543 – JF Organics
- *Serrano Peppers (#) SKU 5927 – Beylik Farms
- Sungold Tomatoes (CS) SKU 5139 – Munak Ranch
- Heirloom Tomatoes (CS) SKU 7162 – Munak Ranch

HOT FRUIT ITEMS! *Denotes Pre-order Mon for Wed Market

- *Avocados, Hass (FLAT) SKU 39106 – JJ Lone Daughter
- Apricots (FLAT) SKU 6945 – Fair Hill Farms
- Thomcord Grapes (5#) SKU 6480 – Jay Scott Farms
- Muskat Grapes (5#) SKU 23305 – Murray's Family Farms
- Berry, Strawberry Org. (FLAT) SKU 5743 – Rancho La Fam
- Finger Limes (FLAT) SKU 5917 – JJ Lone Daughter
- IFG34 Grapes (5#) SKU 39862 – Murray's Family Farm
- Mixed Summer Melons (CS) SKU 18954 – Murrays' Farms
- Oranges, Valencia (40#) SKU 5710 – JJ Lone Daughter
- Flavor King Pluots (10#) SKU 39571 – Jay Scott Farms
- Honey Punch Plums (FLAT) SKU 27673 – Jay Scott Farms
- White Nectarines (10#) SKU 6963 – Jay Scott Farms
- Yellow Peaches (10#) SKU 6962 – Regier Farm

OF NOTE:

COUNTY LINE HARVEST – BABY MIXED LETTUCE NO LONGER AVAILABLE; BABY MIXED BEETS NO LONGER AVAILABLE
YASUTOMI FARMS – BABY CELERY GAPPING FOR 2-3 WEEKS

MORE FOOD FOR THOUGHT



MURRAY'S FAMILY FARMS

ELDERBERRIES &
ELDERBERRY FLOWERS



WEISER FARMS

CALABRIAN CHILI



COLEMAN FAMILY FARMS

MOUSE MELONS AKA
WATERMELON CUCUMBER



MURRAY'S FAMILY FARMS

IFG 34 GRAPES



JF ORGANICS

MIXED SUMMER SQUASH



MURRAY'S FAMILY FARMS

FIGS



BEYLIK FARM

CUBANELLE PEPPERS



MCGRATH FAMILY FARMS

HARICOT VIOLETTE



JAY SCOTT

FLAVOR KING PLUOT