

# WEST CENTRAL'S HOT SHEET

FIELD TO PLATE: A LOCALLY GROWN NEWSLETTER / JUNE 13, 2019

CUSTOMER SERVICE/ORDER DESK 213.629.3600



## FROG HOLLOW ROBATA APRICOTS

**FARM:** FROG HOLLOW FARMS

**LOCATION:** BRENTWOOD, CA

**ORDERING SKU:** 6945

FROG HOLLOW FARMS HAS RETURNED TO THE FARMERS MARKET WITH THESE BEAUTIFUL BLUSHED APRICOTS. THEY ARE GROWN ON A 242 ACRE ORGANIC & SUSTAINABLE FARM AND HAVE BEEN THAT WAY SINCE 1989. THESE APRICOTS ARE SMALLER WITH A BALANCE OF SUGARS AND TARTNESS. THE RED BLUSHING IS A RESULT OF EXPOSURE TO SUNLIGHT. THE ROBADA IS A FREESTONE APRICOT.

### HOT LEAFY/VEGETABLE ITEMS! \*Denotes Pre-order Mon for Wed Market

- \*Asparagus, Large (BU) SKU 6085 – Suncoast Farms
- Bean, Fava (#) SKU 6304 – Valdivia Farms
- \*Bean, Romano (#) SKU 6411 – Tutti Frutti Farm
- \*Carrots, Thumbelina (12 BU) SKU 22584 – JF Organics
- Celery, Baby (BU) SKU 144 – Yasutomi Farms
- \*Celtuce (#) SKU 7227 – Coleman Farms
- \*Cucumbers, Gherkin (#) SKU 39642 – Finley Farms
- \*Mushrooms, Morels (#) SKU 39591 – Clearwater Farms
- \*Mushrooms, Porcini (#) SKU 39590 – Clearwater Farms
- \*Peas, Purple Snow (#) SKU 27042 – Coleman Farms
- \*Sorrel, Red Veined (BU) SKU 5961 – Yasutomi Farms
- \*Spigarello (BU) SKU 4474 – Coleman Farms
- \*Red Spring Onions (12 BU) SKU 6682 – JF Organics

### HOT FRUIT ITEMS! \*Denotes Pre-order Mon for Wed Market

- \*Avocados, Hass (FLAT) SKU 39106-JJ Lone Daughter
- Apricots (FLAT) SKU 6945- Frog Hollow Farm
- \*Berry, Blackberry (FLAT) SKU 6674-Pudwill Farm
- \*Berry, Blueberry (FLAT) SKU 6673-Pudwill Farm
- \*Berry, Raspberry (FLAT) SKU 6676-Pudwill Farm
- Berry, Strawberry Org. (FLAT) SKU 5743-Rancho
- \*Berry, Strawberry Gaviota (FLAT) SKU 22092-Harry's
- \*Mulberries (FLAT) SKU 5764- JJ Lone Daughter
- \*Oranges, Blood (20#) SKU 5579-JJ Lone Daughter
- White Nectarines (10#) SKU 6963 – Jay Scott Farms
- Oranges, Valencia (40#) SKU 5710 – Bernard Ranch
- Pluots (10#) SKU 39571 – Jay Scott Farms
- Yellow Peaches (10#) SKU 6962 – Regier Farm
- Tomatoes, Heirloom (10#) SKU 7162- Freyr Farms

#### OF NOTE:

BLOOMSDALE SPINACH – SUPPLIES LIMITED

COUNTY LINE HARVEST – BABY MIXED LETTUCE NO LONGER AVAILABLE; BABY MIXED BEETS NO LONGER AVAILABLE

# MORE FOOD FOR THOUGHT



MURRAY FAMILY FARM

SEA BEANS



COUNTY LINE HARVEST

PEA SHOOTS



COUNTY LINE HARVEST

MIXED MELONS



THAO FARMS

GARLIC CHIVES



FINLEY FARMS

GHERKIN CUCUMBERS



COLEMAN FAMILY FARMS

ZUCCHINI SQUASH



JAY SCOTT FARMS

YUMMY ROSA PLUOTS



JAY SCOTT FARMS

WHITE NECTARINES



PUDWILL FARMS

WHITE MULBERRIES